

THE STABLE GROUNDS INC.

3 NIGHT WORKSHOP & 1-12 WEEKS RESIDENTIAL PROGRAM

Increasing self-awareness, mental readiness for positive change and treatment with longer stays.



First Responder and PSP exclusive

Scheduled dates for 3- and 7-day stays:		
Arrival Date	Departure Date	
July 25, 2021	July 28, 2021	Women's workshop
July 28, 2021	July 31, 2021	Men's workshop
August 1, 2021	August 7, 2021	Men's cohort
August 15, 2021	August 21, 2021	Women's cohort
October 10, 2021	October 13, 2021	Women's workshop
October 13, 2021	October 16, 2021	Men's workshop
November 14, 2021	November 17, 2021	Women's workshop
November 17, 2021	November 20, 2021	Men's workshop

Scheduled dates for 1 to 12 weeks stays:		
Arrival Date	Departure Date (unless staying for more than 1 week)	
September 12, 2021	September 18, 2021	Open to all
September 19, 2021	September 25, 2021	Open to all
September 26, 2021	October 2, 2021	Open to all
October 3, 2021	October 9, 2021	Open to all
October 17, 2021	October 23, 2021	Open to all
October 24, 2021	October 30, 2021	Open to all
October 31, 2021	November 6, 2021	Open to all
November 7, 2021	November 13, 2021	Open to all
November 21, 2021	November 27, 2021	Open to all
November 28, 2021	December 4, 2021	Open to all
December 5, 2021	December 11, 2021	Open to all
December 12, 2021	December 18, 2021	Open to all

A few of the content topics.....

Equine Assisted Learning
 Cognitive & Dialectical Behavioral Therapy, EMDR
 Neurofeedback
 Occupational Stress Injury
 Post Traumatic Stress

Addiction and Occupational Therapy information session
 Virtual Reality
 Sanctuary Trauma
 Individual and Group Sessions



Call Encompas at 1-866-794-9117 or send an email to info@encompascare.ca and an Encompas Care Manager can provide support.

www.encompascare.ca

