

# Camp Kids of Heroes

CAMP MAPLE\*LEAF

EST.1955

A summer camp designed for the heroes of our heroes (whose parents, both first responder and military - active and Veterans - are living with an operational stress injury).

#### Our Program

Working with the mental health professionals from various Military Family Resource Centres, Camp Maple Leaf offers a one-week camp session dedicated to providing extra kid-friendly support while having the time of their lives!

- A supportive social network that campers can lean on and relate to throughout the year
- The realization that they are not alone with the challenges they face
- A normalization of their life situations
- New coping skills
- Increased resilience



#### **Our Campers**

- 3 to 1 ratio (campers to staff)
- Ages 7 to 16
- Leadership opportunities for our older campers

#### **Camp Maple Leaf**

Founded in 1955. Camp Maple Leaf is a charitable organization that gives children of Canadian Military Families and children who share similar unique life challenges a camp to call their own. Camp Maple Leaf supports and celebrates them for who they are, and fosters friendships that follow them home.





## 5 NIGHTS & 6 DAYS OF EXTREME FUN!

#### 6 Days...6 Goals!

- 1. Friendships that will follow campers home.
- 2. Fun and memories that will last forever.
- 3. Try something new that they can't do at home.
- 4. Personal growth.
- 5. Sense of belonging to a unique camp family.
- 6. A respect and understanding for our heroes.

#### **Land Activities**

- 🌞 Arts & Crafts 🍁 Performing Arts 🌞
- 🌞 Island Nature Program🌞
- 🌞 Climbing Wall & Low Ropes 🍁
- Sports Archery

#### **Waterfront Activities**

- 🌞 Swimming 🌞 Canoeing
- 🌞 Kayaking 🌞 Fishing with Sticks🌞
- 🌞 Row Boating 🌞

#### **But Wait... There's More!**

Lots of choice, campouts, campfires, amazing food in our Lodge, bunkbeds in cabins, carnival/dance parties, all-camp evening programs, Red vs Blue: Island Games, crazy camp traditions, paint, sparkles and so much more!!!

#### Location

Jacobs Island is a 104 acre, private island on Pigeon Lake in the beautiful Kawartha Lakes, Ontario, Canada.

#### **Transportation**

Transportation to the island is included from locations central to where campers reside.

#### Fees

It is affordable for all families as our fees are subsidized so that families pay only what they are able to afford.



### CONTACT Camp Maple Leaf

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